



Support Group

Your partner in fertility, every step of the way...

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Following the phenomenal success of our support group over the past five years, we are pleased to announce that we are now going to hold two support groups each month.

After careful evaluation of the feedback from both participants and the facilitator, we think it might be important to make a few points in relation to the support group. Firstly the group is for everyone. It is not just for those encountering difficulties. The experience of the past five years is that the group helps all who are undergoing treatment, regardless of the stage of that treatment or the extent of the difficulties encountered. It is a safe and confidential environment where the anxiety of a process that has an uncertain outcome can be understood. Few can appreciate the complex nature of the journey or the courage and commitment required.

In the support group, there is the wisdom of those in the group at different stages on that journey, as well as the wisdom and experience of the facilitator. Kay Duff, who has facilitated the group from the start, has a wealth of knowledge and experience in this specialised field and has spent thousands of hours in her counselling practice with couples and individuals that have embarked on this journey.

Although these are open group sessions, registration within 24 hours of the group start time is required as places are limited. This is a free service for Merrion Fertility Clinic patients.

Please contact the clinic on (01) 556 7900 or email info@merrionfertility.ie to register.