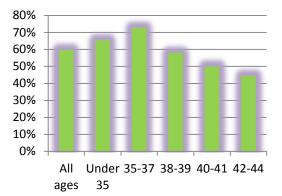


## MFC News October 2014

## **Record success rates!**



Our recent results are exceptional. Our current overall clinical pregnancy rate is 60% \* per completed cycle of treatment.

In couples where the female partner is 37 years of age or younger, the chance of conceiving with a fresh cycle of treatment is over 67%.

We recommended elective single embryo transfer (eSET) in over 30% of couples and the clinical pregnancy rate was 68.6%. This figure is irrespective of female age and all of these patients still have additional embryos in storage so they may later achieve a second or third pregnancy.

We are also delighted that our overall twin pregnancy rate is very low at only 10% due to our carefully applied criteria regarding single embryo transfers.

Contributing factors for these excellent pregnancy rates are use of time lapse photography (Embryoscope® Incubator) for embryo assessment, vitrification for embryo freezing and blastocyst culture to improve embryo selection. \* Due to miscarriage etc., Live birth rates are expected to be up to 8% lower but still over 50%

## His 'n' Hers Fertility Bootcamp, another great success!

We are delighted to report that our second bootcamp was a great success receiving very positive feedback from all participants. Topics covered included:

- Mindfulness & personal resilience in preparing for pregnancy.
- Nutrition & Fertility Facts & Fiction.
- Fitness & Fertility.
- Meet the experts.

Here are just some of the comments we received.

"Informative speakers, engaging, all brought humour to the session." "Very informative, friendly environment" "Very interesting talks and excellent engaging speakers." "Informative and friendly, not too overwhelming."

For more information on the content presented at the bootcamp logon to our news section on <u>www.merrionfertility.ie</u>

## Queries

If you have any questions do not hesitate to call us on 01 6635000 or email <u>info@merrionfertility.ie</u> and we will ensure a staff member will call you back within 24 hours.



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Dr Mary Wingfield, Clinical Director Merrion Fertility Clinic is a not for profit organisation affiliated to the National Maternity Hospital