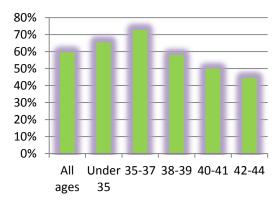
MFC News September 2014

Record success rates!



Our recent results are exceptional. Our current overall clinical pregnancy rate is 60% * per completed cycle of treatment.

In couples where the female partner is 37 years of age or younger, the chance of conceiving with a fresh cycle of treatment is over 67%.

We recommended elective single embryo transfer (eSET) in over 30% of couples and the clinical pregnancy rate was 68.6%. This figure is irrespective of female age and all of these patients still have additional embryos in storage so they may later achieve a second or third pregnancy.

We are also delighted that our overall twin pregnancy rate is very low at only 10% due to our carefully applied criteria regarding single embryo transfers.

Contributing factors for these excellent pregnancy rates are use of time lapse photography (Embryoscope[®] Incubator) for embryo assessment, vitrification for embryo freezing and blastocyst culture to improve embryo selection.

* Due to miscarriage etc., Live birth rates are expected to be up to 8% lower but still over 50%



His 'n' Hers Fertility Bootcamp returns!

Merrion Fertility Clinic is pleased to inform you that due to the huge success of our first His 'n' Hers Fertility Bootcamp in March '14, we are running a second Bootcamp on the 27th September. This is a free event offering couples lifestyle advice that will give them the best chance of having a natural, healthy pregnancy. For details visit www.merrionfertility.ie

GP Study Day National Maternity Hospital

Infertility: Advances in assisted reproduction will be a topic covered on the *f*orthcoming National Maternity Hospital GP Study Day to take place on Saturday, November 22nd. For more information visit <u>www.nmh.ie</u>

Referrals

In order to minimise waiting times and expense for your patients, MFC recommends the following before initial consult:

- ✓ Progesterone, prolactin, TSH, Rubella
- ✓ Up to date smear
- ✓ Ensure taking folic acid
- ✓ Advise BMI 19 to 30, no smoking

We prefer to do the following at MFC:

- ✤ AMH
- USS
- Semen analysis

Queries

If you have any questions do not hesitate to call us on 01 6635000 or email <u>info@merrionfertility.ie</u> and we will ensure that a doctor or other appropriate staff member will call you back within 24 hours.



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Dr Mary Wingfield, Clinical Director

Merrion Fertility Clinic is a not for profit organisation affiliated to the National Maternity Hospital



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